



Dish with Diane™
Catering Menu Suggestions

HORS D'OEUVRES

Rumaki – Marinated Chicken Breast Bites with Water Chestnuts Wrapped in Turkey Bacon
Swedish Turkey Meatballs
Mini Crab Cakes with Tartar Dipping Sauce
Thai Chicken Drumsticks (skinless) with Thai Peanut Sauce
Deviled Eggs Platter over Baby Greens
Smoked Salmon Finger Sandwiches - Arugula, Light Cream Cheese, Red Onion, Capers
Wild Mushroom Stuffed Endive Leaves
Chilled Citrus Shrimp with Cilantro-Lime Dipping Sauce

STATIONARY APPETIZERS

Bruschetta with Whole Wheat Crostini
Fresh Vegetable Crudite with Creamy Sundried Tomato Spread
Traditional or Roasted Red Pepper Hummus with Baked Whole Grain Pita Triangles
Guacamole with Oven Baked Tortilla Chips
Roasted Salsa Verde with Oven Baked Tortilla Chips
Eggplant Caponata with Fresh Veggies and Crostini
Assorted Fresh Fruit Platter

MAIN

Complete Backyard Clambake
Marinated Grilled Protein with Assortment of Marinades, Sauces and Glazes
(Chicken Breast, Chicken Thighs, Turkey London Broil, Pork Chops, Steaks, Salmon or Tuna)
Pork Baby Back Ribs with Diane's Classic BBQ Sauce
Turkey, Chicken, Sirloin, Salmon or Veggie Burgers
Eggplant or Chicken Parmesan
Chicken or Tilapia Piccata or Francaise
Baked Salmon with Ricotta, Parsley & Capers
Tilapia, Mixed Grains & Spinach Medley in Romaine Lettuce Boats
Turkey Sausage and/or Chicken Murphy
Lasagne - Vegetarian, Lean Ground Beef or Ground Turkey
Shrimp or Vegetarian Sushi
Assorted Sandwiches, Wraps & Panini
Pasta Primavera

Diane Henderiks, R.D.

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STARCHY SIDES

Quinoa Pilaf with Dried Fruits and Toasted Nuts
Whole Wheat Macaroni Salad with Green Olives, Veggies & Cheddar
Whole Wheat Spaghetti with Mixed Veggies with Lemon-Garlic Dressing
Rosemary Red Potato & Egg White Salad
Oven Roasted Thyme & Sage Potatoes
Slow Cooked Baked Beans
Corn On the Cob with Fresh Herbed Butter

VEGGIE SIDES & SALADS

Roasted Asparagus with Mixed Herbs & Rice Wine Vinegar
Haricot Verts with Almonds and Warm Citrus Drizzle
Chopped Broccoli Salad
Tomato, Cucumber, Radish Salad
Grilled Romaine Salad with Parmesan-Basil Vinaigrette
Shredded Mixed Cabbage Slaw
Pineapple & Cilantro Salad
Sensational Caesar Salad with Multigrain Croutons
Mixed Baby Greens w/ Dried Cranberries, Pistachio Nuts & Gorgonzola
Baby Spinach, Shredded Carrots, Sunflower Seeds & Mandarin Oranges
Dressings: Balsamic Vinaigrette, Blue Cheese, Creamy Avocado Herb and Ginger-Soy

SWEET ENDINGS

Fresh Fruit Platter with Raspberry Sauce
Baked fruit with Frozen Yogurt
White Chocolate Dipped Creme de Menthe Brownie Bites
Savory Dates Filled with Natural Peanut Butter and Walnuts
Dark Chocolate Pretzel & Nut Bark

COCKTAILS

Sangria - Red or White
Margaritas - Lime, Watermelon, Blue, Strawberry

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MOCKTAILS

Fruity Herbal Iced Tea
Grapeopolitin
Citrus Lemonade

**WE ENJOY CREATING INDIVIDUALIZED MENUS!!
What's your favorite dish...we can prepare it!**

Please contact us to discuss menu and pricing

**Dish with Diane™ only uses the finest ingredients!
We use no refined grains, hydrogenated oils, artificial sweeteners and the
least amount of fat and salt needed to produce fantastic results!
Enjoy!**

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